

# Frequently Asked Questions

## *What can Oriental Medicine treat?*

The World Health Organization and the National Institutes of Health have listed a variety of conditions that acupuncture and Oriental Medicine can help. Our skilled team of experts specialize in hormone balancing (thyroid, adrenal, reproductive, menopausal) chronic pain, allergies, fatigue, digestion problems, weight problems, emotional problems, difficult cases and family health.

## *Is acupuncture painful? What about kids?*

This depends on the point location and your sensitivity. The little pins used in acupuncture are finer than a human hair and generally produce only a very slight pinch. Most sensation is caused by the effect of the acupuncture on your system. This can range from nothing to a sensation of heaviness or pressure. We practice a "painless technique" that most Americans prefer. For kids and the needle phobic, we are able to treat with acupressure and herbal medicine.

## *How long does it take?*

Response rate is dependent upon the patient's individual situation and the type of care that is desired. We offer various levels of care and allow the patient to choose the best program to fit their needs.

## *Does my insurance cover this?*

This depends upon the limitations of your policy. Please keep in mind that health insurance was never designed to keep you healthy – it was designed to cover expensive drugs and surgery. For those who have coverage, we will provide the information you need to submit to your insurance company for reimbursement.

---

What our patients say about our care:

*"I don't need my pain meds because I don't get migraines anymore!" - L.M., Patient*

*"We were delighted his allergies, behavior & asthma improved by using acupressure!" - D.I., Grandmother of 10-year-old patient*

*"I don't get Hot Flashes anymore!" - K.R., Patient*

*"I used to need a morning nap, but now, my energy lasts all day long!" - J.G., Patient*

---

**Healing Touch Oriental Medicine, Inc.**

1831 N. Belcher Rd. · F 4 · Clearwater, FL · 33765

**(727) 669 - 6000**

*mary@riggin.net · <http://DrMary.Riggin.net>*